

Contents

Page 2

Why do employers need to provide women's health support?

Page 3

Women's Health Across All Reproductive Ages

Page 3

The Impact Calculator

Page 4

What's the Solution?

Hormone health is a critical yet often overlooked aspect of women's well-being, especially during perimenopause and menopause. Untreated imbalances can impact energy, focus, mood, and productivity — both at work and in daily life.



The overlooked crisis:

How hormone health affects women's work and well-being

Presented by
Science&Humans

Why do employers need to provide women's health support?

Hormone health plays a critical role in women's overall well-being, yet it's often under-addressed in traditional benefit programs. Our comprehensive digital health solution is designed to close this gap.

1 in 10

women may leave the workforce due to unmanaged symptoms of menopause.¹

\$5.4B

annually in lost productivity due to menstrual health challenges.¹

73%

of the women surveyed stated menopausal symptoms made it difficult to concentrate at work.¹

50%

of women surveyed did not feel comfortable talking their health issues with their workplace.¹

(&) science
humans

Why do employers need to provide women's health support?

- Improved health outcomes
- Reduced absenteeism
- Reduced productivity loss
- Support retention
- Reduced overall drug costs
- Reduced short-term and long-term disability costs

87%

agree working women need support throughout all stages of life, including pregnancy and menopause.¹

¹ https://menopausefoundationcanada.ca/pdf_files/Menopause_Work_Canada_2023EN.pdf

Women’s Health Across All Reproductive Ages

We provide comprehensive support across all reproductive ages from menstruation to menopause.

Women’s Fertility

- 1 in 6 couples in Canada experience infertility.
- 5 million women in the workforce may be impacted by infertility

Early Reproductive Care

- Pain, fatigue, and anxiety from PCOS, PMS, or endometriosis reduces daily work performance.
- 5 million women impacted by early reproductive issues in the workforce

Menopause Care

- Menopause symptoms—fatigue, insomnia, and mood swings—can disrupt productivity.
- 5 million women impacted by menopause in the workforce
 - \$3.3B lost in annual productivity¹

The Impact Calculator^{2,3,4}



The Impact is Clear

Hormonal health challenges cost organizations up to **48 lost workdays** per employee yearly. For a 100-person company, that’s a **\$560K loss**—scaling up to **\$18M annually**. In a survey of **500 working women, 4 in 5** wanted hormonal health benefits in their insurance.

Science&Humans helps you meet this demand, regain productivity, and drive measurable ROI.

¹ https://menopausefoundationcanada.ca/pdf_files/Menopause_Work_Canada_2023EN.pdf
² Advancing Health Communications. "The Relationship between Chronic Conditions, Missed Workdays, and Associated Costs | Research in Action | Advancing Health." Centre for Advancing Health Outcomes, 31 Aug. 2016, www.advancinghealthhub.ca/research-in-action/study-results-the-relationship-between-chronic-conditions-missed-workdays-and-associated-costs/. Accessed 27 Feb. 2025.
³ Hardy, Claire, et al. "Work Outcomes in Midlife Women: The Impact of Menopause, Work Stress and Working Environment." Women's Midlife Health, vol. 4, no. 1, 9 Apr. 2018, <https://doi.org/10.1186/s40695-018-0036-z>.
⁴ Stewart, Walter F., et al. "Cost of Lost Productive Work Time among US Workers with Depression." JAMA, vol. 289, no. 23, 18 June 2003, p. 3135, <https://doi.org/10.1001/jama.289.23.3135>.

What's the Solution?

Personalized and comprehensive hormone health support for women through Science&Humans digital health platform.

Areas of women's health supported by Science&Humans

Fertility Assessments
Early Ovarian Failure
Pregnancy
Postpartum
PCOS
PMS
PMDD
Endometriosis
Gestational Diabetes
Perimenopause
Menopause
Hormonal Hair Loss
Hormonal Skin Issues
Sexual Health Conditions
Vaginal Health
Sleep Disorders
Chronic Fatigue
Brain Fog
Mood Disorders
Nutrition
Mental Health
Diagnostics and Imaging
Weight Optimization

(&) science
humans

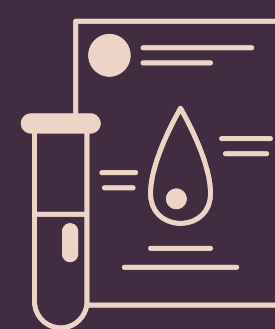
Unlimited Access to Hormone Health Specialists and Concierge-Style Support



1-on-1 virtual
consultations with
experienced
practitioners



Comprehensive
educational
resources



At-home
diagnostics



Seamless
medication delivery



Asynchronous
chat with
practitioners



Personalized
therapies

Contact Us

[Talk to Us](#)

partners@scienceandhumans.com

www.scienceandhumans.com/partners