

TYPES OF EMPLOYEE BENEFITS CHEAT SHEET



Health & Wellness Benefits

- Health Insurance: Covers medical expenses, including hospital stays, doctor visits, and surgeries.
- Dental Insurance: Covers dental check-ups, cleanings, and sometimes orthodontics.
- Vision Insurance: Covers eye exams, glasses, and contact lenses.
- Wellness Programs: Subsidized gym memberships, fitness classes, mental health support, and employee assistance programs.
- Life Insurance & Critical Illness Cover: Lump-sum payments to beneficiaries or employees in case of death or serious illness.
- Income Protection/Disability Insurance: Replaces part of salary if the employee cannot work due to illness or injury.

Financial & Retirement Benefits

- Retirement Plans/Pensions: Employer contributions to pension schemes or retirement savings.
- Profit-Sharing & Stock Options: Employees receive a share of company profits or the opportunity to buy company stock.
- Bonuses & Performance Awards: Additional compensation based on individual or company performance.
- Financial Planning Assistance: Support with managing finances or investments.

Time-Off & Leave Benefits

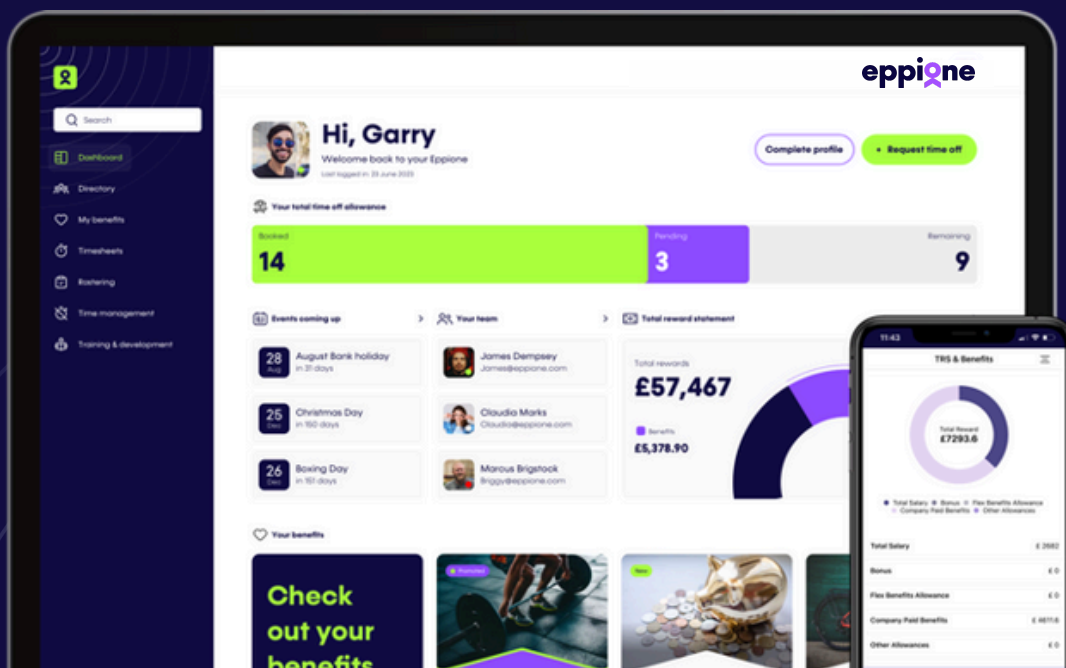
- Paid Annual Leave: Paid vacation days, holidays, and personal days.
- Sick Leave: Paid time off for illness or injury.
- Family Leave: Maternity, paternity, adoption, and compassionate leave.
- Extended Leave: Unpaid or partially paid sabbaticals or professional development.
- Bereavement Leave: Time off after the death of a loved one.

Work-Life Balance & Lifestyle Benefits

- Flexible & Remote Working: Options to work from home or adjust work hours.
- Childcare Assistance: On-site childcare or financial support for childcare.
- Eldercare Assistance: Support for employees caring for elderly relatives.
- Commuter Benefits: Subsidized public transport, company cars/salary sacrifice cars scheme, or bike-to-work schemes.
- Company Events & Socials: Sponsored team-building, social outings, and celebrations.
- Learning & Development: Training budgets, tuition reimbursement, and professional development opportunities.
- Mobile Phones & Home Office Equipment: Company-provided devices and equipment for remote work.

Other Common Benefits

- Staff Discounts: Reduced prices on products, services, or memberships.
- Trivial Benefits: Small, tax-exempt perks like gifts under a certain value.
- Business Expenses: Reimbursement for work-related costs, such as meals or travel.



Book a free benefits strategy consultation

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